

CURRICULUM VITAE
Assoc.-Prof. Mag. Dr. Dr. Susanne Ring-Dimitriou
Investigator PLUS, Austria

Personal Data

Name, Title: Susanne Ring-Dimitriou, Assoc.-Prof. Mag. Dr. Dr.
Date of Birth: June 12th, 1967
Place of Birth: Salzburg
Citizenship: Austria
Marital Status: Married
Affiliation, Address: Paris Lodron-University of Salzburg,
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Language: German (Mother tongue), English, Greek

Main Research Focus and Grants

Physical Fitness and Metabolism: The Impact of Physical Activity, Physical Fitness and Motor Competence on Metabolic Syndrome, Type-2 Diabetes Mellitus and Obesity in Children and Adults.

Grants	Lead: S. Ring-Dimitriou
2010-2013	<i>Effect of exercise on skeletal muscle metabolism mediated by PGC-1alpha and PPARdelta in non-diabetic males, Österreichische Nationalbank Jubiläumsfonds, J 14567.</i>
2014-2018	<i>SALTO – Salzburg Together against Obesity (former working title: ECOPS), Community based project in collaboration with Univ.-Doz. Dr.med. Daniel Weghuber (Department of Pediatrics, PMU and SALK), the Obesity Academy Austria, the European Childhood Obesity Group and EPODE (EEN), Jan 2014-Dec 2018, funded by private and public, patronage Federal State Commissioner for Children, Families, Sports and Research.</i>
2014-2017	<i>ZentrAAL, Salzburg Test Region for Ambient Assisted Living, research collaboration with Salzburg Research Forschungsgesellschaft mbH (Lead: DI Cornelia Schneider); work package “Health enhancing interventions in 60 to 75 y old adults in assisted living (sub-leader: S. Ring-Dimitriou)”, funded by FFG.</i>
2015-2018	<i>CiM, Care in Movement, research collaboration with Salzburg Research Forschungsgesellschaft mbH (Lead: DI Cornelia Schneider); work package “Health enhancing interventions in 60 to 75 y old adults in assisted living (sub-leader: S. Ring-Dimitriou)”,</i>

funded by FFG and Benefit (AAL Joint Program).

2018-2021 *Fit4AAL, Fit and vital into the 3rd age (honeymoon, first years of pension)*, research collaboration with Salzburg Research Forschungsgesellschaft mbH (Lead: DI Cornelia Schneider); work package “Health promotion by physical activity and fitness improvement in 60 to 70 y old adults in assisted living (consortium partner/sub-leader: S. Ring-Dimitriou)”, funded by FFG and Benefit (AAL Joint Program), PLUS-part:

Academic Career

1985-1990 *Graduate Student*, Sport Science and Additional Fields, University of Salzburg, Austria

1990-07-12 *Graduation*, Mag. phil., University of Salzburg, Austria
Thesis: Physiological Basics of Stretching, Reviewer: Prim. Univ.-Prof. Dr. Alfred Aigner (Sports Medicine, St. Johanns Hospital, Salzburg)

1990-1997 *Pre-Doc Student*, Sports Medicine and Training Science and Kinesiology, Sport University Cologne, Germany, Univ.-Prof. Dr.med. Alois Mader

1997-07-02 *Promotion*, Doctor of Sport Science, Dr. sportwiss., Sport University Cologne, Germany
Title of Doctoral Thesis: “Energy Metabolism in Sprint Swimming”, Reviewer: Univ.-Prof. Dr. Alois Mader, Prof. Dr. Kurt Wilke (Sports Medicine and Cardiovascular Research)

1995-1998 *Project Assistant*, Department of Sport Science and Physical Education, Aristoteles University of Thessaloniki, Greece, Univ.-Prof. Dr. Vassilis Mougios
Lectures in Lactate Diagnostics and Education in Gaschromatography of Fatty Acids

1998-2003 *Project Assistant*, Dep. Sport Science and Kinesiology, Paris Lodron-University of Salzburg, Univ.-Prof. Dr. Erich Müller

2003-2009 *Assistant Professor*, Dep. Sport Science and Kinesiology, Paris Lodron-University of Salzburg, Univ.-Prof. Dr. Erich Müller

2009-09-17 *Associate Professor* for “Sport Science: Physical Activity and Health”, Dep. Sport Science and Kinesiology, Paris Lodron-University of Salzburg, Univ.-Prof. Dr. Erich Müller;
Title of Habilitation: “Exercise and Metabolic Syndrome”, Reviewer: Univ.-Prof. Dr.med. Michael Kjaer (Copenhagen, DEN), Univ.-Prof. Dr. David Bacharach (St. Claud University, US), Univ.-Prof. Dr.med. Martin Burtscher (Innsbruck, AT), ao. Univ.-Prof. Dr. Sylvia Titze (Graz, AT)

2009-2016 *Post Graduate Student*, “Dr. Scient. Med.” (120 ECTS), Paracelsus Medical Private University (PMU), Salzburg, Austria

2012-2013 *Trainer*, Train-of-Trainer Program (Module 4, Research Methodology), EU Post Graduate Master Program in Physical Education and Sport (EuropeAid, 130886/C/SER/KOS), Pristina, Kosovo, Dr. Harald Tschann

2016-10-12 *Promotion, Doctor of Medical Science, Dr. scient. med.*
Title of Doctoral Thesis: “Gly482Ser single nucleotide polymorphism affects cardiorespiratory function in subjects at risk for metabolic disorders”, Reviewer: Prim. Univ.-Prof. Dr.med. Bernhard Paulweber (Internal Medicine and Nutrition Research), Prim. Univ.-Prof. Mag. Dr.med. Josef Niebauer (Sports Medicine and Cardiovascular Research)

Functions at University

2000-2003 Task Force Gender Mainstreaming
2010-2011 Task Force of Associate Professors
Since 2012 Vice President of University 55-PLUS

International Cooperation

1991-1997	Univ.-Prof. Dr. Alois Mader , Exercise Physiology; German Sports School Cologne, Dep. of Cardiovascular Research and Sports Medicine, Germany; Doctoral study; Research: Energy Metabolism in Sprint Swimming
1995-1998	Univ.-Prof. Dr. Vassilis Mougios , Biochemistry; Aristoteles University of Thessaloniki, Department of Sport Science and Physical Education, Greece; Postdoc Research; Research: Lipidmetabolism and Exercise
2001-2009	Univ.-Prof. Dr. Serge von Duvillard , Exercise Physiology; Texas Technical University, USA; Mentoring Habilitation; Research: Physical Fitness and Metabolic Syndrome
2017	Univ.-Prof. Dr.med. Peter Bergsten , Biomedicine; Center of Biomedicine, Uppsala, Sweden; Research: Childhood obesity prevention, 2 nd stage HP2020

Reviewer for Peer-review Journals

Since 2005	Spectrum der Sportwissenschaft
Since 2007	Journal Applied Physiology
Since 2008	European Journal of Sport Science
Since 2011	Gerontology

Scientific Donations

1993-11-18	dvs-Young Investigators Award, [Validity of Exercise Performance Testing in Sports Swimming] (DM 500,-)
2004-11-19	ÖSG-Young Investigator Award, [Super Slow – an Alternative Training Method compared to Hypertrophy Training]

Hearings Full Professor

2009	Professorship of Sports and Health Promotion, Technical University of Munich, not listed
2010	Sport Science, Focus on Medicine, Training and Health; Philipps University of Marburg, 3 rd Place
2012	Full Professor of Training Science/Kinesiology (with biological focus), University of Vienna, 4 th Place

Membership in Scientific Associations

Since 2001	dvs (German Association of Sport Scientists); ECSS (European College of Sport Science); OAA (Obesity Academy Austria, Board)
Since 2003-2017	ATKL (Arbeitsgemeinschaft für theoretische und klinische Leistungsmedizin der Universitätslehrer Österreichs)
Since 2008	DAG (German Association of Obesity)
Since 2011	ÖSG (Austrian Association of Sport Science, Board; Vice President 2009-2011, President 2011-2013)
Since 2013	European Childhood Obesity Group
Since 2017	Austrian Public Health Association (Österreichische Gesellschaft für

Public Health, ÖGPH) and
European Public Health Association (EUPHA)